

Tanah Larwina Retreat

SOPs and Guidelines against Covid19

1. Entry for Registered Visitors Only

- a. All visitors to Tanah Larwina are required to schedule their visits with the owner before entering the premises. Those without prior arrangements/ bookings will not be allowed to enter.
- b. We advise visitors to not make the trip here if they are experiencing any symptoms of respiratory diseases, fever or flu.
- c. All visitors are required to register themselves via QR code provided at the entrance before entering the premises.

2. Temperature Checks

- a. All visitors will have their temperatures checked at the entrance before entering the premises.
- b. Individuals who record a temperature exceeding 37.5°C will not be allowed to enter. They will be advised to visit the nearest clinic for consultation.
- c. Individuals who showcase any symptoms of respiratory diseases, fever or flu will not be allowed to enter the premises.

3. Sanitisation & Cleanliness

- a. Tanah Larwina will sanitise the entire accommodation area before visitors check-in. Check-in time has been pushed to 3pm instead of the usual 2pm to allow for the full sanitisation procedure.
- b. Visitors are advised to wash their hands frequently and avoid physical contact with one another.

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4. Events and Activities

a. Crowd Control

- i) No more than 50 visitors are allowed to gather within Tanah Larwina.
- ii) There shall be no activities or games where physical proximity, or contacts may occur.

b. Social Distancing

- i) All visitors unless from the same household are required to maintain a minimum physical distance of at least 1 m from each other at all times.
- ii) Sleeping arrangements must be in a way that no two individuals of different households are sharing a bed.
- iii) All visitors must wear a face mask if they are within proximity to individuals from a different household.

c. Meals

- i) All meals are required to be packed or served individually. Food can be served buffet-style provided there are servers to manage the food, rather than the guests taking the food themselves.
- ii) Those preparing and serving meals are always required to wear masks.
- iii) All individuals unless those from the same household are required to sit 1 metre apart during meals, with the space across the table left empty.